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## ABSTRACT

This Drug Prevention Training Project focused on teaching school personnel to work with students involved in drugs and/or alcohol. This report evaluates the success of this effort which took place during the 1991-1992 academic year. The Project sought to accomplish six objectives: (1) recruit and train 800 school counselors, psychologists, nurses, and social workers; (2) hold eight half-day follow-up regional training meetings; (3) have at least 80% of the participants express increased confidence in counseling students referred to them for drug involvement; (4) build four regional support networks; (5) develop a script outline for program transmission via satellite; and (6) present to participants a model student database and tracking system. All six tasks were completed and the evaluator judged the program a success. Organizers completed all objectives and participants rated highly the training they received. Included in this evaluation are six appendices which feature copies of meeting announcements and agendas, evaluation results, resources, networking plans, and a networking directory. (RJM)

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ED 374 389

# EVALUATION REPORT

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## PROGRAM EVALUATION REPORT (1991-1992)

For  
The Drug Prevention Training Project for Counselors and Other Support Services Personnel

In  
The Public School Systems in Los Angeles County  
California

Prepared by  
Donald L. Kester, Ph.D.  
Program Evaluation Consultant  
Division of Educational Support Services

## Educational Program Evaluation



Los Angeles County Office of Education

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# **PROGRAM EVALUATION REPORT 1991-1992**

**For**

**The Drug Prevention Training Project for  
Counselors and Other Support Services Personnel**

**in**

**The Public School Systems in Los Angeles County  
California**

**Prepared by:**

**Donald L. Kester, Ph.D.  
Consultant, Program Evaluation and Research  
Division of Educational Support Services  
Los Angeles County Office of Education  
Downey, California 90242  
(310) 922-6415**

**January 1993**

## Section 1 Introduction

The Los Angeles County Office of Education (LACOE) serves as an intermediate agency between the California Department of Education and the 95 local school districts (K-14) which are located within the boundaries of the county. As of January 1991 the population of Los Angeles County exceeded nine million people. At that time, within the county, there were 1,660 schools (K-12) with a total enrollment of more than 1,441,000 (K-12) students.

The grant from the U.S. Department of Education (USDOE) that supported this Drug Prevention Training Project was submitted in June 1991 for the 1991-1992 academic year. That grant proposal focused on the following target group and need:

**Target Population:** The target population for the proposal is the estimated 2,800 counselors, psychologists, nurses, and social workers in the public schools in Los Angeles County. The category breakdowns are approximately 1,322 counselors, 682 psychologists, 800 nurses, and 25 social workers. These school personnel are schools' first line of defense against student drug and alcohol involvement. Students with actual or potential drug and alcohol problems are generally referred to them first.

**Need:** Congress recognized the importance of training school counselors to work with students involved in drugs and alcohol by mandating their training in the Drug-Free Schools and Communities Act of 1986. School districts staffs in Los Angeles County recognize their need for this training and have requested Los Angeles County Office of Education's assistance in obtaining the training. Investigation reveals that only about 15% of counselor personnel in the school districts in the county have had any drug counseling training.

Briefly, the six objectives of this Drug Prevention Training Project were identified in the grant application as follows:

- 1) Recruit and train at least 800 school counselors, psychologists, nurses, and social workers in four one-day-long regional training meetings about drug prevention and intervention techniques and procedures.
- 2) Hold at least eight follow-up regional half-day training meetings.

- 3) Find that at least 80% of program participants will, by way of a questionnaire, express increased confidence in counseling students referred to them for drug involvement.
- 4) Build four regional support networks for school counselors, psychologists, nurses, and social workers responsible for drug prevention and intervention.
- 5) Develop a script outline for program transmission over LACOE's Educational Telecommunications Network (ETN).
- 6) Expose participants to a LACOE-developed model student substance abuse database and student tracking system.

With the possible exception of Objective 5, all other objectives can be seen as helping the project become institutionalized. Training district personnel to a high level of confidence, establishing networks, and encouraging participants to consider tracking student outcomes certainly encourage institutionalization.

## Section 2 Acknowledgments

Those who developed the grant proposal should be recognized and thanked. In addition, the project created an advisory committee and the members who served on that committee should also be recognized and thanked.

### Proposal Developers

The Drug Prevention Training Project for Counselors and Other Support Services Personnel proposal was submitted to the U.S. Department of Education, June 21, 1991, for the school year 1991-1992. The proposal was developed by Dr. Alice Healy-Sesno, consultant-in-charge, Division of Educational Support Services, Los Angeles County Office of Education, with the assistance of Mr. James Benavides, consultant, Pupil Services; Mrs. Susan Lordi, consultant, School Health Services; and Mr. Joseph Payne, consultant, Proposal Planning Center.

### Project Managers

After the project was funded, Dr. Sesno became the project director and Mr. Benavides became the project coordinator. After Mr. Benavides took a promotion, Mr. Bill Aston became project coordinator by way of a Los Angeles County Office of Education contract consultancy. In taking the position, Mr. Aston came out of retirement after having served for many years as the coordinator for secondary counseling services for the Los Angeles Unified School District.

### Advisory Committee

There were fourteen members of the project's advisory committee. Those who served are listed below:

<u>Member</u>	<u>District or Office</u>
Molly de Leon, assistant principal	Paramount Unified School District
Glenn Dodd, consultant Center for Health Education	Los Angeles County Office of Education
Mike Donnelly, counselor	Alhambra City and High School Districts
Lydia Estep, counselor	Azusa Unified School District
Villa Frierson, coordinator Pupil Personnel Services	Compton Unified School District
Leo Gallegos, psychologist	Montebello Unified School District
Judy Garvey, counselor	Torrance Unified School District
Judy James, coordinator Drug, Alcohol, Tobacco Education	South Bay Union High School District
Susan Lordi, consultant School Health Services	Los Angeles County Office of Education
Fran Ramirez, assistant principal Secondary Counseling	Los Angeles Unified School District
Warren Sapp, counselor	Whittier Union High School District

George Sarandoz  
Intervention Advisor

Los Angeles Unified School District

Robin Sinks, counselor

Long Beach Unified School District

Leslie Tuchman, psychologist

Glendale Unified School District

Members of the project's advisory committee represented a number of districts as well as various ethnic groups and included counselors, nurses, psychologists, and consultants.

### Section 3

#### Results of the Evaluator's Data Gathering and Analysis

Ideally, the Project evaluator would be involved from the inception of an externally funded project. Fortunately, this was the case for this "Drug Prevention Training Project." Early on, the members of the grant application writing team worked with the evaluator so that the necessary data collection procedures would be built into the project's objectives. In this way, the needed data collection and analysis procedures became part of the grant application. In addition, the evaluator stayed in touch with both the project manager and project coordinator throughout the project year. Moreover, the evaluator attended meetings of the project's advisory committee as well as the subcommittee on evaluation.

As a result of the good communication between the evaluator and both the project director and project coordinator, data needed for the evaluation were easily collected during the project year. These data and their analysis form the foundation on which the evaluator based his findings together with his conclusion as to whether or not each project objective was attained.

## Objective 1

By the end of the Program year, the Drug Prevention Training Project for Counselors and Other Support Services Personnel will recruit and train at least 800 school counselors, psychologists, nurses, and social workers in four one-day-long regional training meetings about drug prevention and intervention techniques and procedures. (*Evidence: Agendas and Attendance records.*)

As called for by the objective, four one-day-long regional training meetings were held. In addition, a fifth one-day-long "culmination" meeting was also held. The fifth meeting occurred in response to requests for "more!" from participants at the four regional training meetings. The decision to hold the fifth meeting at the Torrance Marriott was made by the project's advisory committee after they had received a report of the attendee's requests. Those requests were noted on the feedback forms which were distributed and collected at the end of each of the four regional training meetings.

More detailed information on the five meetings is shown below in Table 1.

Table 1  
Five Training Meetings

Date	Location	Number Pre-Registered	Number Present
March 6, 1992	Loyola Marymount University Los Angeles, CA	187	153
March 20, 1992	Palmdale Cultural Center Palmdale, CA	91	81
April 3, 1992	Mt. San Antonio Community College Walnut, CA	245	196
April 7, 1992	Gene Autry Western Heritage Museum Los Angeles, CA	199	161
October 23, 1992	Torrance Marriott Hotel Torrance, CA	<u>28</u>	<u>365 +</u>
<b>TOTAL</b>		1050	956 +

Note: Some double counting may have occurred since an unknown number of participants may have attended one of the first four meetings as well as the last one.

Agendas and results of participants' evaluations for the all day training meetings are shown in Appendix A.

### **Conclusion**

This objective was attained. During the year 1991-1992 school year more than 800 school counselors, psychologists, nurses, and social workers were trained in drug prevention and intervention techniques and procedures.

### **Notation #1**

A variety of materials from the federal government, state government, and private vendors was assembled and made available at no charge to participants who attended the first four all day training meetings shown above in Table 1. This included a twenty-five minute video on "Drugs and Youth: The Challenge." (Please see Appendix B) The future availability of these materials can prove helpful in the institutionalization of the project.

### **Notation #2**

Participants who attended any of the four all-day training sessions were given a "Certificate of Participation." (Please see Appendix C.)

### **Objective 2**

By the end of the Program year, the Drug Prevention Project for Counselors and Other Support Services Personnel will hold at least eight follow-up regional half-day training meetings (two meetings in each of four regions) for participants who attended the day-long training meetings. (*Evidence: Agendas and attendance records.*)

Instead of holding eight follow-up regional half-day training meetings, the project held six half-day and one "extended" (more than half-day) day training meetings. The extended day session was the one held at Loyola Marymount University on July 10, 1992. Please see Table 2 below.

Table 2  
Follow-up Training Meetings

Date	Location	Number Pre-Registered	Number Present
May 29, 1992	St. Joseph's Hospital, Burbank, CA	52	49
June 4, 1992	Los Angeles County Office of Education, Downey, CA	63	32
June 12, 1992	California School of Professional Psy- chology, Alhambra, CA	58	45
July 10, 1992	Loyola Marymount University, West Los Angeles, CA	59	23
September 18, 1992	California State University at Los Angeles, East Los Angeles, CA	54	29
September 25, 1992	Los Angeles County Office of Education, Downey, CA	89	30
September 30, 1992	St. Joseph's Hospital, Burbank, CA	<u>61</u>	<u>24</u>
<b>TOTAL</b>		<b>436</b>	<b>232</b>

Note: The training meeting held at Loyola Marymount was an "extended" meeting that was longer than the six half-day meetings.

The objective called for eight half-day training sessions which would equal four full days of training. If the equivalent of four full days of training occurred in seven, instead of eight sessions, the objective could be considered as having been attained. A review of the meeting announcements shows that each half-day meeting lasted three hours, since each started at 9 a.m. and ended at noon. Participants were then on their own for lunch and did not return. For the seventh extended day to equal two half-days of training (three hours each), the extended day would need to consist of six hours.

A review of the announcement for the Loyola Marymount meeting shows that whereas the six half-day sessions ended at noon, the Loyola meeting included a break for lunch and a return to the training in the afternoon.

### Conclusion

The Loyola Marymount extended meeting is judged to be roughly equivalent to two half-day training sessions. For this reason, Objective 2 is judged to have been attained.

### Notation #1

As noted under Objective 1, a number of materials were made available to those who attended training meetings. Those participants who attended the seven meetings shown in Table 2 above were given a copy of the following paperback book:

Title: Conducting Support Groups for Students Affected by  
Chemical Dependence: A Guide for Educators and  
Other Professionals

Author: Martin Fleming, edited by Carol A. Reilly

Publisher: The Johnson Institute  
Minneapolis, MN

Date: 1990

### Notation #2

At the end of the seven training sessions listed in Table 2, participants evaluated the training they had received by way of a questionnaire. Results of those evaluations are shown in Appendix D.

### Objective 3

By the end of the Program year, as a result of participating in the Drug Prevention Training Project for Counselors and Other Support Services Personnel, at least 80% of the Project participants who attend all training meetings will express increased confidence in counseling students referred to them for drug involvement. (*Evidence: Results of a project-developed questionnaire.*)

Three different questionnaires were used to measure the participants' expression of "increased confidence in counseling students referred to them for drug involvement." The first questionnaire was given to participants who attended the first four meetings. At the conclusion of those four meetings, the relevant question on the questionnaire they completed read as follows:

Question: "My participation in this training Program has provided me with increased confidence to counsel students referred for drug involvement."

Response

Categories: "Yes" and "No."

Detailed information on the four meetings is shown below in Table 3.

**Table 3**  
**Level Of Increased Confidence At End Of The**  
**First Four Training Meetings**

Date	Location	Total Number Responding	Answering "Yes"	
			n	%
March 6, 1992	Loyola Marymount University Los Angeles, CA	94	86	91%
March 20, 1992	Palmdale Cultural Center Palmdale, CA	46	43	93%
April 3, 1992	Mt. San Antonio Community College, Walnut, CA	125	115	92%
April 7, 1992	Gene Autry Western Heritage Museum, Los Angeles, CA	<u>83</u>	<u>80</u>	<u>96%</u>
<b>TOTAL</b>		<b>348</b>	<b>324</b>	<b>93%</b>

The second questionnaire was given to participants who attended the next seven meetings. The relevant prompt on the questionnaire they completed read as follows:

Prompt: "Please indicate degree to which the training goals were met. Training Project has provided . . .  
d. increased confidence to provide intervention and prevention counseling services."

Response Categories:	High 4	3	2	Low 1	N/A
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Detailed information on the seven meetings is shown in Table 4.

Table 4  
Level of Increased Confidence at End of the  
Next Seven Training Meetings

Date	Location	Total Number Responding	Answering "Yes"	
			n	%
May 29, 1992	St. Joseph's Hospital Burbank, CA	40	38	95%
June 4, 1992	Los Angeles County Office of Education, Downey, CA	26	24	92%
June 12, 1992	California School of Professional Psychology, Alhambra, CA	21	21	100%
July 10, 1992	Loyola Marymount University West Los Angeles, CA	18	17	94%
September 18, 1992	California State University at Los Angeles, East Los Angeles, CA	19	18	95%
September 25, 1992	Los Angeles County Office of Education, Downey, CA	26	25	96%
September 30, 1992	St. Joseph's Hospital Burbank, CA	<u>18</u>	<u>17</u>	<u>94%</u>
<b>TOTAL</b>		<b>168</b>	<b>160</b>	<b>95%</b>

The third questionnaire was given to participants who attended the last or "culmination" meeting held on October 23, 1992, at the Torrance Marriott Hotel. The relevant prompt on the questionnaire they completed read as follows:

Prompt: "One of the main goals of this Workshop is to provide support services personnel with increased confidence in order to counsel students referred for substance abuse more effectively. Please rate degree to which that goal was met by this event."

Response Categories:	High 4	3	2	Low 1

Detailed information on the last meeting is shown in Table 5.

Table 5  
Level of Increased Confidence at End of the  
Last Training Meeting

Date	Location	Total Number Responding	Answering "4" or "3"	
			n	%
October 23, 1992	Torrance Marriott Hotel	102	98	96%

Combining information from the three questionnaires gives us the results shown in Table 6.

Table 6  
Level of Increased Confidence by the End of the Project

Source	Includes Data From	Number Responding	Answering "Yes"	
			n	%
Table 3	First Four Meetings	348	324	93%
Table 4	Next Seven Meetings	168	160	95%
Table 5	Last Meeting	102	98	96%
<b>TOTAL</b>		618	582	94%

Note: Some double counting may have occurred since an unknown number of participants may have attended one of the first four meetings as well as the last one.

## Conclusion

This objective was attained. It called for eighty percent (80%) of participants to express "increased confidence in counseling students . . ." and more than ninety percent (90%) did. This is true regardless of whether one looks at the results of the three questionnaires separately or combined.

## Objective 4

By the end of the Project year, the Drug Prevention Training Project for Counselors and Other Support Services Personnel will have built at least four regional support networks for school counselors, psychologists, nurses, social workers, and other school personnel responsible for drug prevention and intervention. (*Evidence: Description and list of members of each network.*)

As mentioned earlier, there were four all day training sessions. Those occurred on the following dates:

- March 6, 1992
- March 20, 1992
- April 3, 1992
- April 7, 1992

During each of those sessions, a form entitled, "Networking Plans" was distributed to the attendees. (See Appendix E.) Participants in the four training sessions were told the following:

A directory of conference attendees interested in sharing information, resources, strategies, and techniques related to drug prevention and intervention programs, will be prepared and distributed to interested participants.

Those listed in the directory may wish to continue meeting in dyads or small groups to share on-going concerns, develop solutions, and grow together in confidence and expertise. It is our feeling that by engaging in such networking activities you will develop even greater confidence in your drug counseling skills.

If you are interested in participating in such networking activities and wish to be listed in the directory, please complete and return this form today.

A directory of those who indicated an interest in joining a network was then prepared and distributed to all respondents in the four geographical areas. (See Appendix F.)

### Conclusion

This objective was attained. Four regional support networks were created.

### Objective 5

By the end of the Project year, the Drug Prevention Training Project for Counselors and Other Support Services Personnel will develop a script outline for program transmission over LACOE's Educational Telecommunications Network (ETN) for school support services personnel about drug prevention techniques and procedures. (*Evidence: Completed script outline.*)

Through its ETN division, the Los Angeles County Office of Education (LACOE) operates a professional television studio and beams, via an "up link" dish, educational programs onto and off of satellites. Selected information related to this Drug Prevention Training Project was to be "scripted" so that at a later time a television program on this topic might be completed and beamed to school districts within the county.

A script outline was indeed prepared and a number of discussions were held with personnel from the ETN division. For the script outline, please see Appendix G.

### Conclusion

The task was completed but not quite before the end of the project year (October 31, 1992) as called for in this objective.

## Objective 6

By the end of the Project year, the Drug Prevention Training Project for Counselors and Other Support Services Personnel will expose participants to a LACOE-developed model student substance abuse database and tracking system that includes data elements of students' (1) level of knowledge about drugs, (2) attitudes about various drugs, (3) decision-making processes, and (4) use of drugs. *(Evidence: Agenda reviews of the database presentations, and/or by follow-up questionnaires about participants use or intended use of this or another system.)*

It was noted earlier that there were four full-day training sessions:

- March 6, 1992
- March 20, 1992
- April 3, 1992
- April 7, 1992

Under Objective 4 it was mentioned that attendees at those sessions received a data card to complete if they wished to join a network.

At those same meetings they also heard a presentation on the LACOE-developed model student substance abuse database and tracking system. Furthermore, they each received a blank two-page scantron questionnaire form used by that system.

Some years earlier, a LACOE consultant had worked with the Los Angeles County Sheriff's Office to evaluate the SANE program developed by the Sheriff's office. After that, the data gathering and analysis service related to that form—as well as the form itself—were made available to all school districts within the service area of Los Angeles County. The title and logo on the questionnaire as seen in the appendix can be changed at the school district's request. It was this form and these services which Objective 6 sought to have described to the participants in this Drug Prevention Training Project. (See Appendix H)

As of 1992 there were sixteen (16) school districts from which one or more schools had chosen to be involved in the LACOE survey data gathering and analysis service. These districts were:

- ABC USD
- Arcadia USD
- Castaic Union SD
- Duarte USD
- El Rancho USD
- Lancaster SD
- Los Angeles USD
- Lowell Joint SD
- Lynwood USD
- Pasadena USD
- Pomona USD
- San Marino USD
- South Pasadena USD
- Temple City SD
- Torrance USD
- Walnut Valley USD

However, it cannot be stated as certain that these districts were using the LACOE student survey service because of their exposure to it by way of Objective 6 of this Drug Prevention Training Project.

### Conclusion

This objective was attained. Participants in this project were exposed to a student survey data gathering and tracking service.

## Section 4 Summary and Conclusion

During the 1991-1992 school year, the Drug Prevention Training Project sought to accomplish six objectives. They were:

- 1) Recruit and train 800 school counselors, psychologist, nurses, and social workers.
- 2) Hold eight half-day follow-up regional training meetings.
- 3) See at least 80% of the participants express increased confidence in counseling students referred to them for drug involvement.
- 4) Build four regional support networks.
- 5) Develop a script outline for program transmission via satellite.

- 6) Present to participants a model student database and tracking system.

All six tasks were completed. However, the completion of the script outline (Objective 5) took place shortly after the end of the 1991-1992 project year. Some slippage in time frequently occurs and this slight delay is not seen as a problem, especially since the development of an ETN televised program was, according to the grant application, to be a future possibility.

In conclusion, the evaluator found the program to be quite successful. All tasks were completed and participants rated very highly the training they received. Moreover, program implementation was directly in line with the intentions expressed in the grant application.

# Appendix A

## Five All-Day Training Meetings

### Informational Bulletin

#### First Four Meetings

INFORMATIONAL BULLETIN: 270

### Los Angeles County Office of Education

9300 Imperial Highway, Downey, California 90242-2890 (213) 922-6111



Stuart E. Gothold  
Superintendent

January 31, 1992

TO: Chief Administrators, Los Angeles County School Districts  
Attention: Pupil Personnel Services Directors, Principals, School Counselors,  
School Nurses, School Psychologists

FROM: Alice Healy-Sesno, consultant-in-charge  
Evaluation, Research, and Pupil Support Services  
Division of Educational Support Services

SUBJECT: DRUG PREVENTION TRAINING PROGRAM FOR SUPPORT  
SERVICES PERSONNEL

The Division of Educational Support Services of the Los Angeles County Office of Education under a grant from the United States Department of Education's Drug-Free Schools and Communities Counselor Training Program is sponsoring a drug prevention training program for district support services personnel.

The purpose of the training program is to provide participants with increased confidence in counseling students referred for drug involvement. Practical information related to drug counseling will be provided to enable support services personnel to become more effective in student drug and alcohol prevention and intervention techniques and procedures.

Support services personnel serving at-risk youth and their families within a diverse multicultural community will learn how to contend with school policies, legal issues, emergency situations, and the use of referral resources. A wide variety of materials will be provided for each participant.

I would appreciate your providing a copy of this bulletin to any other support services personnel, including school social workers who might be interested in this training.

There is no registration fee to attend the training program. For your convenience, the training program will be held at four different geographical locations. Continuing education units for registered nurses (6 hours/6 CEUs) are available through provider number 00454. NBCC credit has been approved for participants who qualify.

*Friday, March 6, 1992 ~ Loyola Marymount University, Los Angeles (near LAX)*

*Friday, March 20, 1992 ~ Palmdale Cultural Center, Palmdale*

*Friday, April 3, 1992 ~ Mount San Antonio College, Walnut (East San Gabriel Valley)*

*Tuesday, April 7, 1992 ~ Gene Autry Museum, Los Angeles (near L.A. Zoo)*

*Registration: 8:15 a.m. to 8:45 a.m. Program: 8:45 a.m. to 3:15 p.m.*

To register, please complete and return the enclosed registration form to Bill Aston by Friday, February 28, 1992. A confirmation letter and directions will be sent to you. If you have any questions, please call Mr. Aston at (310) 922-6393.

Approved:  
Nancy Kruse, director  
Division of Educational Support Services

It  
Enclosure  
DESS-20-41/92

# Appendix A

## Five All-Day Training Meetings

### Registration Form

### First Four Meetings

Los Angeles County Office of Education  
Division of Educational Support Services

Drug Prevention Training Program for Support Services Personnel

### Registration Form

Please register the following person to attend the Drug Prevention Training Program for Support Services Personnel: (Please print or type.)

Name \_\_\_\_\_ Position \_\_\_\_\_  
School \_\_\_\_\_ District/Organization \_\_\_\_\_  
Mailing Address \_\_\_\_\_ Phone No. (\_\_\_\_) \_\_\_\_\_  
(Please photocopy as needed.)

**Nurses:** If you are requesting continuing education units, please check this box.

☐

Please indicate your first, second, and third choices for meeting locations.

<u>Choice</u>	<u>Date</u>	<u>Site</u>
_____	Friday, March 6, 1992	Loyola Marymount University Loyola Blvd. at West 80th St., Los Angeles 90045 (near LAX)
_____	Friday, March 20, 1992	Palmdale Cultural Center 704 East Palmdale Blvd., Palmdale 93550
_____	Friday, April 3, 1992	Mount San Antonio College 1100 North Grand Ave., Walnut 91789 (East San Gabriel Valley)
_____	Tuesday, April 7, 1992	Gene Autry Museum 4700 Western Heritage Way, Los Angeles 90027 (near L.A. Zoo)

Deadline for registration: Friday, February 28, 1992.

Confirmation of your date and directions will be sent to you.

Please return to: Mr. Bill Aston, project coordinator  
Drug Prevention Training Program  
Division of Educational Support Services  
Los Angeles County Office of Education  
9300 Imperial Highway, Room 210  
Downey, CA 90242-2890

Enclosure #1  
Bulletin #270  
DESS-20-91/92

**Appendix A  
Five All-Day Training Meetings  
Announcement  
First Meeting**

Los Angeles County Office of Education

**DRUG PREVENTION TRAINING PROGRAM  
FOR SUPPORT SERVICES PERSONNEL**

*Loyola Marymount University*

*March 6, 1992*

under a grant from the

United States Department of Education  
Drug-Free Schools and Communities  
Counselor Training Program

# Appendix A

## Five All-Day Training Meetings

### Program

### First Meeting

#### ~ PROGRAM ~

8:15 a.m.	Registration
8:45 a.m.	Welcome
8:55 a.m.	<i>Who is Responsible? Role of Support Personnel</i> <b>Tim Allen</b> , director Life Starts Chemical Treatment Program Centinela Hospital Medical Center
9:15 a.m.	<i>What's Happening? Overview of Current Drug Scene</i> <b>Tom Bailey</b> DARE Program, Los Angeles Police Department
9:45 a.m.	Break
9:55 a.m.	Concurrent Session I ~ Auditorium <i>Signs, Symptoms, Stages of Drug Abuse and Corresponding Counseling Strategies</i> <b>Sandi Jacobs</b>  Concurrent Session II ~ Room 237 <i>Where Do I Go For Help?</i> <b>Tim Allen</b>
11:10 a.m.	Break
11:20 a.m.	<i>Confidentiality and Student Rights</i> <b>Shirley Swank</b> , assistant principal, Bakersfield High School
noon	Lunch
1:00 p.m.	<i>What Can I Do? Strategies for Support Personnel to Serve Students</i> <b>George Sarandoz</b> Project Impact, Los Angeles Unified School District
2:30 p.m.	Student Substance Abuse Survey <b>Jim Vogler</b> , consultant, Los Angeles County Office of Education
2:40 p.m.	Break
2:50 p.m.	Next Steps
3:15 p.m.	Adjournment

# Appendix A

## Five All-Day Training Meetings

### Participant Evaluations of Training

#### First Meeting

*Drug Prevention Training Program for Support Services Personnel*  
*Loyola Marymount University ~ March 6, 1992*

#### EVALUATION

One of the main goals of the Los Angeles County Office of Education is to provide staff development services to school and district personnel and other designated clients.

	High 4	3	2	Low 1
Please indicate degree to which that goal was met by this event.	51	35	1	

Please rate the overall presentations, including style and content, of the following presenters:

	Excellent 4	3	2	Poor 1
Tim Allen	80	19		
Tom Bailey	68	28	6	
Sandi Jacobs	47	22	3	
George Sarandoz	43	36	16	3
Shirley Swank	23	38	22	3

	Excellent 4	3	2	Poor 1
Facilities	58	35	4	1

Comments (AVAILABLE UPON REQUEST)

Please indicate degree to which the seminar training goals were met:

	High 4	3	2	Low 1
Goal #1: To provide a greater definition of support personnel's role in drug and alcohol prevention and intervention programs.	58	39	5	
Goal #2: To provide intervention and prevention techniques and strategies to enable greater effectiveness in serving students.	36	42	18	1
Goal #3: To provide materials and listings of practical resources and prevention and intervention programs in order to expand conferee's knowledge base.	61	27	7	
Goal #4: To provide information about legal issues that may be involved in drug counseling.	32	42	24	2

# Appendix A Five All-Day Training Meetings Participant Evaluations of Training First Meeting (continued)

	Yes	No
My participation in this training program has provided me with increased confidence to counsel students referred for drug involvement.	86	8

Comments \_\_\_\_\_

Suggestions for follow-up programs to be held during this and the following school year in order to reinforce the training goals:

1. \_\_\_\_\_
2. \_\_\_\_\_

Suggested speakers:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Suggested topics:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Suggested training sites:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Additional comments: (AVAILABLE UPON REQUEST) \_\_\_\_\_

Please return this form to:

The Registration Desk, or  
Mr. Bill Aston, project coordinator  
Drug Prevention Training Program for Support Personnel  
Division of Educational Support Services  
Los Angeles County Office of Education  
9300 Imperial Hwy., Room 210  
Downey, CA 90242-2890  
(310) 922-6393

It

Appendix A  
Five All-Day Training Meetings  
Announcement  
Second Meeting

Los Angeles County Office of Education

**DRUG PREVENTION TRAINING PROGRAM  
FOR SUPPORT SERVICES PERSONNEL**

*Palmdale Cultural Center*

*March 20, 1992*

under a grant from the

United States Department of Education  
Drug-Free Schools and Communities  
Counselor Training Program

**Appendix A**  
**Five All-Day Training Meetings**  
**Program**  
**Second Meeting**

~ PROGRAM ~

8:15 a.m.	Registration
8:45 a.m.	Welcome
8:55 a.m.	<i>Who is Responsible? Role of Support Personnel</i> <b>Tim Allen</b> , director Life Starts Chemical Treatment Program Centinela Hospital Medical Center
9:15 a.m.	<i>What's Happening? Overview of Current Drug Scene</i> <b>Deputy Dave Horner</b> <b>Deputy Deana Mayfield</b> SANE Program, Los Angeles County Sheriff's Department
9:45 a.m.	Break
9:55 a.m.	Concurrent Session I ~ Auditorium <i>Signs, Symptoms, Stages of Drug Abuse and Corresponding Counseling Strategies</i> <b>Sandi Jacobs</b>
	Concurrent Session II ~ Adjacent Room <i>Where Do I Go For Help?</i> <b>Tim Allen</b>
11:10 a.m.	Break
11:20 a.m.	<i>What Can I Do? A Strategy to Serve Students</i> <b>George Sarandoz</b> Project Impact, Los Angeles Unified School District
noon	Lunch
1:00 p.m.	<i>Confidentiality and Student Rights</i> <b>Shirley Swank</b> , assistant principal, Bakersfield High School
2:15 p.m.	Break
2:25 p.m.	Next Steps
3:15 p.m.	Adjournment

# **Appendix A** **Five All-Day Training Meetings** **Participant Evaluations of Training** **Second Meeting**

*Drug Prevention Training Program for Support Services Personnel*  
*Palmdale Cultural Center ~ March 20, 1992*

## **EVALUATION**

One of the main goals of the Los Angeles County Office of Education is to provide staff development services to school and district personnel and other designated clients.

	High 4	3	2	Low 1
Please indicate degree to which that goal was met by this event.	27	17		

Please rate the overall presentations, including style and content, of the following presenters:

	Excellent 4	3	2	Poor 1
Tim Allen	50	2		
<del>Don Bailey</del> Dave Horner	15	21	11	
Sandi Jacobs	35	2		
George Sarandoz	36	15	1	
Shirley Swank	24	22	4	2

	Excellent 4	3	2	Poor 1
Facilities	40	11		

Comments (AVAILABLE UPON REQUEST)

Please indicate degree to which the seminar training goals were met:

	High 4	3	2	Low 1
Goal #1: To provide a greater definition of support personnel's role in drug and alcohol prevention and intervention programs.	40	11	1	
Goal #2: To provide intervention and prevention techniques and strategies to enable greater effectiveness in serving students.	33	15	3	
Goal #3: To provide materials and listings of practical resources and prevention and intervention programs in order to expand conferee's knowledge base.	44	8		
Goal #4: To provide information about legal issues that may be involved in drug counseling.	34	13	3	1

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# **Appendix A** **Five All-Day Training Meetings** **Participant Evaluations of Training** **Second Meeting** **(continued)**

	Yes	No
My participation in this training program has provided me with increased confidence to counsel students referred for drug involvement.	43	3

Comments \_\_\_\_\_

Suggestions for follow-up programs to be held during this and the following school year in order to reinforce the training goals:

1. \_\_\_\_\_
2. \_\_\_\_\_

Suggested speakers:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Suggested topics:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Suggested training sites:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Additional comments: (AVAILABLE UPON REQUEST) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please return this form to:

*The Registration Desk, or*  
*Mr. Bill Aston, project coordinator*  
*Drug Prevention Training Program for Support Personnel*  
*Division of Educational Support Services*  
*Los Angeles County Office of Education*  
*9300 Imperial Hwy., Room 210*  
*Downey, CA 90242-2890*  
*(310) 922-6393*

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Appendix A  
Five All-Day Training Meetings  
Announcement  
Third Meeting

Los Angeles County Office of Education

**DRUG PREVENTION TRAINING PROGRAM  
FOR SUPPORT SERVICES PERSONNEL**

*Mount San Antonio College*

*April 3, 1992*

under a grant from the  
United States Department of Education  
Drug-Free Schools and Communities  
Counselor Training Program

**Appendix A**  
**Five All-Day Training Meetings**  
**Program**  
**Third Meeting**

~ PROGRAM ~

8:15 a.m.	Registration
8:45 a.m.	Welcome
8:55 a.m.	<i>Who is Responsible? Role of Support Personnel</i> <b>Sandi Jacobs</b> Paramount Unified School District "1991-1992 Teacher of the Year"
9:15 a.m.	<i>What's Happening? Overview of Current Drug Scene</i> <b>Deputy Bonnie Bryant</b> SANE Program, Los Angeles County Sheriff's Department
9:45 a.m.	Break
9:55 a.m.	Concurrent Session I ~ Auditorium <i>Signs, Symptoms, Stages of Drug Abuse and Corresponding Counseling Strategies</i> <b>Scott Marshall</b> , director Long Beach Mental Health and Chemical Dependency Program
	Concurrent Session II ~ Room 105 <i>Where Do I Go For Help?</i> <b>Sandi Jacobs</b>
11:10 a.m.	Break
11:20 a.m.	<i>What Can I Do? A Strategy to Serve Students</i> <b>George Sarandoz</b> Project Impact, Los Angeles Unified School District
noon	Lunch
1:00 p.m.	<i>Confidentiality and Student Rights</i> <b>Shirley Swank</b> , assistant principal Bakersfield High School
2:15 p.m.	Break
2:25 p.m.	Next Steps
3:15 p.m.	Adjournment

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# Appendix A

## Five All-Day Training Meetings

### Participant Evaluations of Training

#### Third Meeting

*Drug Prevention Training Program for Support Services Personnel  
Mount San Antonio College ~ April 3, 1992*

#### EVALUATION

One of the main goals of the Los Angeles County Office of Education is to provide staff development services to school and district personnel and other designated clients.

	High 4	3	2	Low 1
Please indicate degree to which that goal was met by this event.	81	33	2	

Please rate the overall presentations, including style and content, of the following presenters:	Excellent 4	3	2	Poor 1
Sandi Jacobs	95	34	5	1
Bonnie Bryant	35	78	19	3
Scott Marshall	115	5		
George Sarandoz	70	51	8	
Shirley Swank	40	54	18	3

	Excellent 4	3	2	Poor 1
Facilities	97	38	2	

Comments (AVAILABLE UPON REQUEST)

Please indicate degree to which the seminar training goals were met:	High 4	3	2	Low 1
Goal #1: To provide a greater definition of support personnel's role in drug and alcohol prevention and intervention programs.	83	45	6	
Goal #2: To provide intervention and prevention techniques and strategies to enable greater effectiveness in serving students.	59	62	11	3
Goal #3: To provide materials and listings of practical resources and prevention and intervention programs in order to expand conferee's knowledge base.	106	31		
Goal #4: To provide information about legal issues that may be involved in drug counseling.	60	60	7	1

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# Appendix A Five All-Day Training Meetings Participant Evaluations of Training Third Meeting (continued)

	Yes	No
My participation in this training program has provided me with increased confidence to counsel students referred for drug involvement.	115	10

Comments \_\_\_\_\_

Suggestions for follow-up programs to be held during this and the following school year in order to reinforce the training goals.

Suggested speakers:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Suggested topics:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Suggested training sites:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Additional comments: (AVAILABLE UPON REQUEST)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please return this form to:

The Registration Desk, or  
Mr. Bill Aston, project coordinator  
Drug Prevention Training Program for Support Personnel  
Division of Educational Support Services  
Los Angeles County Office of Education  
9300 Imperial Hwy., Room 210  
Downey, CA 90242-2890  
(310) 922-6393

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Appendix A  
Five All-Day Training Meetings  
Announcement  
Fourth Meeting

Los Angeles County Office of Education

**DRUG PREVENTION TRAINING PROGRAM  
FOR SUPPORT SERVICES PERSONNEL**

*Gene Autry Western Heritage Museum*

*April 7, 1992*

under a grant from the  
United States Department of Education  
Drug-Free Schools and Communities  
Counselor Training Program

**Appendix A**  
**Five All-Day Training Meetings**  
**Program**  
**Fourth Meeting**

~ PROGRAM ~

8:15 a.m.	Registration
8:45 a.m.	Welcome
8:55 a.m.	<i>Who is Responsible? Role of Support Personnel</i> <b>Tim Allen</b> , director Life Starts Chemical Treatment Program Centinela Hospital Medical Center
9:15 a.m.	<i>What's Happening? Overview of Current Drug Scene</i> <b>Tom Lendzion</b> DARE Program, Los Angeles Police Department
9:45 a.m.	Break
9:55 a.m.	Concurrent Session I - Auditorium <i>Signs, Symptoms, Stages of Drug Abuse and Corresponding Counseling Strategies</i> <b>Scott Marshall</b> , director Long Beach Mental Health and Chemical Dependency Program
	Concurrent Session II - Adjacent Room <i>Where Do I Go For Help?</i> <b>Tim Allen</b>
11:10 a.m.	Break
11:20 a.m.	<i>What Can I Do? A Strategy to Serve Students</i> <b>George Sarandoz</b> Project Impact, Los Angeles Unified School District
noon	Lunch
1:00 p.m.	<i>Confidentiality and Student Rights</i> <b>Shirley Swank</b> , assistant principal Bakersfield High School
2:15 p.m.	Break
2:25 p.m.	Next Steps
3:15 p.m.	Adjournment

# Appendix A

## Five All-Day Training Meetings

### Participant Evaluations of Training

#### Fourth Meeting

*Drug Prevention Training Program for Support Services Personnel*  
*Gene Autry Museum - April 7, 1992*

#### EVALUATION

One of the main goals of the Los Angeles County Office of Education is to provide staff development services to school and district personnel and other designated clients.

	High 4	3	2	Low 1
Please indicate degree to which that goal was met by this event.	53	35	2	

Please rate the overall presentations, including style and content, of the following presenters:

	Excellent 4	3	2	Poor 1
Tim Allen	65	30	4	
Tom Lenzion	43	39	12	
Scott Marshall	68	14	1	
George Sarandoz	44	41	7	
Shirley Swank	31	44	8	1

	Excellent 4	3	2	Poor 1
Facilities	85	14	1	

Comments: (AVAILABLE UPON REQUEST)

Please indicate degree to which the seminar training goals were met:

	High 4	3	2	Low 1
Goal #1: To provide a greater definition of support personnel's role in drug and alcohol prevention and intervention programs.	59	40	3	
Goal #2: To provide intervention and prevention techniques and strategies to enable greater effectiveness in serving students.	42	39	19	1
Goal #3: To provide materials and listings of practical resources and prevention and intervention programs in order to expand conferee's knowledge base.	80	18	2	1
Goal #4: To provide information about legal issues that may be involved in drug counseling.	53	37	8	1

# Appendix A Five All-Day Training Meetings Participant Evaluations of Training Fourth Meeting (continued)

	Yes	No
My participation in this training program has provided me with increased confidence to counsel students referred for drug involvement.	80	3

Comments \_\_\_\_\_

Suggestions for follow-up programs to be held during this and the following school year in order to reinforce the training goals:

1. \_\_\_\_\_
2. \_\_\_\_\_

Suggested speakers:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Suggested topics:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Suggested training sites:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Additional comments: (AVAILABLE UPON REQUEST) \_\_\_\_\_

Please return this form to:

The Registration Desk, or  
Mr. Bill Aston, project coordinator  
Drug Prevention Training Program for Support Personnel  
Division of Educational Support Services  
Los Angeles County Office of Education  
9300 Imperial Hwy., Room 210  
Downey, CA 90242-2890  
(310) 922-6393

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Appendix A  
Five All-Day Training Meetings  
Announcement  
Fifth Meeting

*The Annual  
Team Approach to  
Pupil Personnel Services  
Workshop*

*~ Focus on Substance Abuse ~*



*Torrance Marriott Hotel  
Torrance, California*

*Friday, October 23, 1992*

# Appendix A

## Five All-Day Training Meetings

### Program

### Fifth Meeting

#### *The Day at a Glance*

8:30 - 9:00 a.m. Ballroom Foyer Registration and Coffee  
 9:00 - 10:20 a.m. Ballroom Welcome and Introductions

#### KEYNOTE ADDRESS

*Dr. Bettie B. Youngs*  
 Author and Educator  
 Del Mar, California

"Helping Students  
 Manage Stress, Pressure,  
 and Anxiety in Positive Ways"

**10:30 to 11:45 a.m.**

<u>Topic</u>	<u>Speaker</u>	<u>Room</u>
<b>**Conducting Support Groups</b>	Dr. James Robert Bitter	Salon F
<i>Old Behaviors—New Beginnings</i>	Dr. Mary Catherine Fitzgerald	Salon A
<b>**Substance Abuse and Suicide</b>	Dr. Michael Peck	Salon G
<b>**Six Steps Toward Helping Adolescents Make Decisions</b>	Mr. James Wiswell, M.A.	Salon B
<i>Parenting for Drug-Free Youth</i>	Dr. Richard Papenfuss	Salon C
<b>**<u>Creating Drug-Free Schools and Communities</u></b>	Dr. C. Lynn Fox	Salon H
<i>Overcoming Denial, Dependence and Co-dependence</i>	Dr. William Carmack	Madrona-Lawndale

**\*\*Repeated in the afternoon session.**

All Salons are located on the first floor.

A, B, and C are located on the east side of the Ballroom.  
 F, G, and H are located on the west side of the Ballroom.

The Madrona-Lawndale room is located on the second floor.

# Appendix A

## Five All-Day Training Meetings

### Program

### Fifth Meeting

(continued)

noon - 2:00 p.m. Ballroom

Luncheon

LUNCHEON ADDRESS

"Children and Violence"

*Dr. Beverly Coleman-Miller*  
Psychiatrist, Author, and  
President, BCM, Inc.  
Washington, D. C.

2:15 to 3:15 p.m.

<i>Topic</i>	<i>Speaker</i>	<i>Room</i>
<i>**Conducting Support Groups</i>	Dr. James Robert Bitter	Salon F
<i>**Substance Abuse and Suicide</i>	Dr. Michael Peck	Salon G
<i>**Six Steps Toward Helping Adolescents Make Decisions</i>	Mr. James Wiswell, M.A.	Salon B
<i>IMPACT—A Middle School-Based Prevention/Intervention Plan</i>	Panel—Palms Middle School Los Angeles Unified School District	Salon C
<i>**Creating Drug-Free Schools and Communities</i>	Dr. C. Lynn Fox	Salon H
<i>The Road to Recovery—The Hearthlight Program</i>	Mr. Joseph Sundram	Salon A
<i>Multicultural Perspectives</i>	Dr. Beverly Coleman-Miller	Madrona-Lawndale

**\*\*Repeated from morning session.**

All Salons are located on the first floor.

The Madrona-Lawndale room is located on the second floor.

**Appendix A**  
**Five All-Day Training Meetings**  
**Program**  
**Fifth Meeting**  
**(continued)**

*Morning Program*

8:30 - 9:00 a.m.	Registration and Coffee	Ballroom Foyer
9:00 - 10:20 a.m.		Ballroom

~ Welcome ~

*Mr. David Bower*  
Chairperson  
Los Angeles County Pupil Personnel Services Directors' Group

~ Greetings and Introduction of Keynoter ~

*Mr. Bill Aston*  
Project Coordinator  
Drug-Free Schools and Communities Counselor Training Program  
Division of Educational Support Services  
Los Angeles County Office of Education

~ Keynote Address ~

*Dr. Bettie B. Youngs*  
Author and Educator  
Del Mar, California

*'Helping Students Manage Stress, Pressure, and Anxiety in Positive Ways'*

# Appendix A

## Five All-Day Training Meetings

### Participant Evaluations of Training

#### Fifth Meeting

#### *Team Approach to Pupil Personnel Services Workshop* *~ Focus on Substance Abuse ~*

#### *Evaluation*

One of the main goals of this Workshop is to provide support services personnel with increased confidence in order to counsel students referred for substance abuse more effectively.

	HIGH			LOW
	4	3	2	1
Please rate degree to which that goal was met by this event.	61	37	3	1

Please rate each of the following aspects of the Workshop.

	EXCELLENT			POOR
	4	3	2	1
Dr. Bettie B. Youngs	59	38	18	1
Dr. Beverly Coleman-Miller	103	5	2	1

	EXCELLENT			POOR
	4	3	2	1
Facilities	89	20	7	

Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please rate the Workshops you attended:

	EXCELLENT			POOR
	4	3	2	1
Conducting Support Groups	24	18	3	5
Old Behaviors--New Beginnings	5	3		
Substance Abuse and Suicide	5	12		
Six-Step Program	23	12	1	1

(continued on back)

# **Appendix A** **Five All-Day Training Meetings** **Participant Evaluations of Training** **Fifth Meeting** **(continued)**

Workshops continued:

	EXCELLENT 4	3	2	POOR 1
Parenting for Drug-Free Youth	3	7	1	1
Creating Drug-Free Schools and Communities	4	4	1	
Overcoming Denial in Dependence & Co-dependence	21	5	2	
IMPACT—A Middle School-Based Prevention/ Intervention Plan	6	3	3	
The Road to Recovery — The HeartMath Program	11	12	4	1
Multicultural Perspectives	8	6	2	

*Attainment of Workshop goals:*

*Degree to which this goal was realized:*

- A. Opportunity provided to learn more about selected topics of substance abuse prevention of particular interest to pupil services personnel.

HIGH 4	3	2	LOW 1
58	41	13	1

- B. Materials provided that will assist support personnel in providing information and resources for students and parents.

HIGH 4	3	2	LOW 1
45	50	16	1

- C. Specific strategies presented that conferees could use in districts immediately.

HIGH 4	3	2	LOW 1
46	46	17	1

- D. Opportunity provided to meet new pupil personnel services team members and renew acquaintances with those already known.

HIGH 4	3	2	LOW 1
62	34	16	2

Please return this form to:

THE REGISTRATION DESK or  
 Dr. Alice Healy-Sesno, conference coordinator  
 Division of Educational Support Services  
 Los Angeles County Office of Education, Room 210  
 9300 Imperial Highway  
 Downey, California 90242-2890  
 (310) 922-6333

AHS:jt

## Appendix B Resources

*Drug Prevention Training Program for Support Services Personnel  
Los Angeles County Office of Education  
Division of Educational Support Services*

### PACKET RESOURCE LIST

#### **10 Steps To Help Your Child Say "NO"—A Parent's Guide**

A brochure to assist parents in guiding their children away from using drugs, while enhancing the parent/child relationship.

*Wisconsin Clearinghouse  
P.O. Box 1468  
Madison, WI 53701  
(608) 263-2797*

#### **Adolescence And Vulnerability To Chemical Dependence**

This article describes the changes in adolescence, how drug abuse has become an integral part of "coming of age," and how drug addiction in the adolescent is a disease that produces extremely serious consequences.

*Reprinted with permission:  
Adolescent Counselor  
August/September 1988*

#### **Confidentiality Of Student Records**

A guide to assist school districts develop a written policy that will address the dual requirements of confidentiality and consent in the maintenance of student records.

*Western Center  
Drug-Free Schools and Communities  
Northwest Regional Educational Laboratory  
101 S.W. Main Street, Suite 500  
Portland, OR 97204*

## Appendix B Resources (continued)

### **Drugs & Youth—An Information Guide For Parents And Educators**

Booklet discusses "Gateway Drugs" and other major drug groups and examples of the most popular drugs in those categories. The booklet also contains sections on the stages of addiction, the risk factors associated with adolescent drug abuse, "What You Can Do," signs of drug abuse, and resources for more information.

*Produced by the:*  
*Crime Prevention Center*  
*California Attorney General's Office*  
*in cooperation with the:*  
*Bureau of Narcotic Enforcement*  
*California Department of Justice*  
*Sacramento, CA 94244-2550*  
*1988, revised January 1991*

### **Drugs & Youth—The Challenge**

Video companion to booklet. Each can stand alone. Available in Spanish.

*Presented by:*  
*California Attorney General*  
*To order additional copies call:*  
*(916) 638-8383*

### **Enabling In The School Setting**

This booklet aims at explaining about student alcohol/drug problems and what an enabling system is and how it manifests itself. The enabling system must be understood before a significant impact can be made on changing alcohol/drug problems.

*Gary L. Anderson, author*  
*Johnson Institute*  
*7205 Ohms Lane*  
*Minneapolis, MN 55439-2159*  
*(800) 231-5165*

## Appendix B Resources (continued)

### **Growing Up Drug Free—A Parent's Guide To Prevention**

Handbook to help families learn about drugs. It gives important information on child development at four key stages of growth and suggests activities to reinforce drug prevention messages in the home.

*U. S. Department of Education  
Washington, DC*

*To order additional copies of this guide free of charge, please call the  
Department of Education's toll-free number: (800) 624-0100, in the  
Washington, DC area, call 737-3627.*

*Or send your name and address to:*

*Growing Up Drug Free  
Pueblo, CO 81009*

*or to the  
National Clearinghouse for Alcohol and Drug Information  
P.O. Box 2345  
Rockville, MD 20852*

### **How A Parent Can Help A Child With An Alcohol Or Other Drug Problem**

Leaflet offers clues to help identify whether drug problems exist and some suggestions for dealing with those problems.

*Martha Nicholson, M.A., Information Specialist for PICADA, and Susan Portney,  
Intervention and Training Specialist for PICADA.*

*The Wisconsin Clearinghouse  
P.O. Box 1468  
Madison, WI 53701  
(608) 263-2797*

### **How A Teen Can Help A Friend With An Alcohol Or Drug Problem**

Leaflet offers warning signs for teens to help identify a friend that has a drug problem and how to help the friend.

*Courtie Demarest, counselor, Dean of Students Office, University of Wisconsin-  
Madison, and Sara Krebsbach, consultant, student assistance programs,  
Wisconsin Office of Alcohol and Other Drug Abuse.*

*The Wisconsin Clearinghouse  
P.O. Box 1468  
Madison, WI 53701*

*(608) 263-2797*

## Appendix B Resources (continued)

### **Laws About Alcohol And Other Drugs**

A resource to help parents and educators become more familiar with California law. Knowledge of the serious consequences of drug use will enable adults to communicate these consequences to their children and students.

*Compiled by:*

*Jill English, Ph.D.*

*Southwest Regional Laboratory  
and*

*Beth Anne Munger, M.S.*

*Palos Verdes Peninsula Unified School District  
Palos Verdes, CA 90274*

*Under subcontract with:*

*Northwest Regional Educational Laboratory*

*Western Center for Drug-Free Schools and Communities*

*101 S.W. Main Street, Suite 500*

*Portland, OR 97204*

### **Progression Of Chemical Dependence And Recovery In Adolescents**

This article makes it clear that chemical dependence is a primary, chronic, progressive, psychological, biochemical, genetic, and relapsing disease that affects adolescents as well as adults. Adolescents appear to exhibit an increased vulnerability of Susceptibility to chemical dependence. The differing dynamics in adolescent addiction are varied and must be understood to make successful recovery an attainable goal for adolescents.

*Martha A. Morrison, MD; Heather R. Hayes, MEd, CAC; and Kevin J. Knauf, MEd, CAC*

*Reprinted with permission from: Psychiatric Annals 19:12 Dec. 1989*

*Address reprint requests to:*

*- Martha A. Morrison, MD*

*Medical Director*

*Anchor Recovery Team*

*1669 Phoenix Parkway, Suite 104*

*Atlanta, GA 30349*

## Appendix B Resources (continued)

### **Schools And Drugs-A Guide To Drug And Alcohol Abuse Prevention Curricula And Programs**

Handbook developed by the California Attorney General's Office to help educators select and implement effective drug and alcohol abuse prevention curricula and programs in their efforts to establish drug-free school environments. Descriptions of a number of curricula programs, and projects provided.

*1987, revised January 1991  
California Attorney General's Office  
Crime Prevention Center, Suite 100  
P.O. Box 944255  
Sacramento, CA 94244-2550  
(916) 324-7863*

### **Solving Alcohol/Drug Problems In Your School—What Student Assistance Programs Work**

Booklet provides characteristics of successful student assistance programs and describes strategies that have failed.

*Gary L. Anderson, author  
Johnson Institute  
7205 Ohms Lane  
Minneapolis, MN 55439-2159  
(800) 231-5165*

### **Stages Of Chemical Dependency**

Drug Awareness Test; Chemical Dependency and Adolescents-Key Differences; Stages of Drug Abuse; Key Components of Effective Confrontation; Interviewing Suggestions; Drug Detection Periods; Family Enabling Process; and Professional Enabling.

*Sandie Jacobs, consulting  
600 N. Brea Blvd., #47  
Brea, CA 92621  
(714) 990-8988*

## Appendix B Resources (continued)

### **Student Survey**

A survey to be used to determine students' drug knowledge.

*Dr. John Martois, consultant  
Educational Support Services  
Los Angeles County Office of Education  
9300 Imperial Hwy., Room 210  
Downey, CA 90242  
(310) 922-6302*

### **To Help Substance Abusers, We Must First Help Ourselves**

An article that explains how teachers and administrators must examine their own thinking and actions to discover attitudes and behaviors that impede progress in dealing successfully with drug problems in their own schools.

*"Educational Leadership"  
Anonymous Author*

### **What Works-Schools Without Drugs**

Handbook offers latest information about drugs and their effects, as well as examples of school based programs that have successfully combated student drug use.

*U. S. Department of Education  
Washington, DC  
To order additional copies of this guide free of charge,  
please call the Department of Education's toll-free  
number: (800) 624-0100, in the Washington, DC,  
metropolitan area, call 737-3627.  
Or send your name and address to:  
Schools Without Drugs  
Pueblo, CO 81009  
or to the  
National Clearinghouse for Alcohol and Drug Information  
P.O. Box 2345  
Rockville, MD 20852*

## **Appendix B Resources (continued)**

### **You Asked For It—Information On Alcohol, Other Drugs, And Teenagers**

This booklet is written for high school students. It gives some basic information about drugs, what effects they can have, how to recognize drug problems, and what to do about them.

*Richard Yoast, Ph.D., Cynthia Scott, M.A., Lynn Tolcott, M.L.S.,  
M.S.S.W., Al Friedman; in consultation with Elliott M. Sogol,  
M.S., Registered Pharmacist.*

*Wisconsin Clearinghouse  
P.O. Box 1468  
Madison, WI 53701  
(608) 263-2797*

### **Directory Of California Councils On Alcoholism And Drug Dependence**

NCADD offices are located throughout Los Angeles County and offer a variety of drug counseling services and referrals.

### **Sources Of Free Information**

California Attorney General's Office  
(916) 324-7863

National Clearinghouse for Alcohol and Drug Information  
P.O. Box 2345  
Rockville, MD 20852  
(send for catalog)

California Department of Education  
(800) 624-0100

Southwest Regional Educational Laboratory  
4665 Lampson Ave.  
Los Alamitos, CA 90270

(310) 598-7661

## Appendix B Resources (continued)

### DIRECTORY of CALIFORNIA COUNCILS on ALCOHOLISM AND DRUG DEPENDENCE

LOS ANGELES COUNTY AREA	COUNCIL/ADDRESS	TELEPHONE
LANCASTER	ANTELOPE VALLEY COUNCIL ON ALCOHOLISM & DRUG DEPENDENCY 44815 Fig Avenue, Suite 206 Lancaster, CA 93534	FAX 805-948-5046 805-274-9358
PALMDALE	1543-F Palmdale Blvd. Palmdale, CA 93550	805-274-1062
EAST SAN GABRIEL VALLEY POMONA	NCADD - EAST SAN GABRIEL & POMONA VALLEYS, INC. 754 East Arrow Highway, Suite F, Covina, CA 91722	FAX 818-331-5316 818-332-2219
PASADENA	PASADENA COUNCIL ON ALCOHOLISM & DRUG DEPENDENCY 131 N. El Molino, Suite 320 Pasadena, CA 91101	FAX 818-795-9127 818-795-0979
LONG BEACH	NCADD - LONG BEACH AREA 836 Atlantic Avenue Long Beach, CA 90813	FAX 310-435-1002 310-435-0986
SAN FERNANDO VALLEY	NCADD-SAN FERNANDO VALLEY, INC. 14557 Friar Street Van Nuys, CA 91411	FAX 818-997-0414 818-997-0851
SOUTH BAY	NCADD - SOUTH BAY 1334 Post Avenue Torrance, CA 90501	FAX 310-328-1460 310-328-1964
SOUTHEAST LOS ANGELES	SOUTHEAST COUNCIL ON ALCOHOLISM & DRUG PROBLEMS, INC. 8515 E. Florence #200 Downey, CA 90240	FAX 310-869-6385 310-923-4545 310-862-0918
CENTRAL LOS ANGELES	NCADD - LOS ANGELES COUNTY 600 S. New Hampshire Los Angeles, CA 90005	FAX 213-384-0403 213-384-5432

Published by the National Council on Alcoholism and Drug Dependency of California

FEBRUARY 1992

Appendix C  
Example  
Certificate of Participation

53



Los Angeles County  
Office of Education

# *Certificate of Participation*

awarded to

*Helen Antonoplis*

In recognition of participation in the  
**Drug Prevention Training Program for Support Services Personnel**  
part of the  
United States Department of Education  
Drug-Free Schools and Communities Counselor Training Program

April 3, 1992

Date

*Alice Healy-Sesno*

Alice Healy-Sesno, consultant-in-charge  
Evaluation, Research, and Pupil Services  
Division of Educational Support Services

*Bill Aston*

Bill Aston, project coordinator  
Drug Prevention Training Program for  
Support Services Personnel

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# Appendix D

## Seven Follow-up Meetings

### Participant Evaluations of Training

#### First Meeting

Drug Prevention Training Program for Support Services Personnel  
Individual and Group Counseling Demonstration Sessions

### EVALUATION

St. Joseph's Medical Center, Burbank

Date of Participation (*check one*):

☒ May 29   ☐ June 4   ☐ June 12   ☐ July 10   ☐ September 18   ☐ September 25   ☐ September 30

Job Classification (*check one*):

☐ Counselor (30)   ☐ Nurse (2)   ☐ Psychologist (4)   ☒ Other (11) \_\_\_\_\_

Please indicate degree to which the training goals were met.

Training program has provided:	High 4	3	2	Low 1	N/A
a. a greater understanding of group counseling as an intervention/prevention method.	26	13	1		
b. techniques and procedures that will enable me to conduct support groups.	21	15	4		
c. techniques that will enable me to counsel students, parents, and staff more effectively.	16	17	6	1	
d. increased confidence to provide intervention and prevention counseling services.	17	21		1	1

Comments: (AVAILABLE UPON REQUEST)

# Appendix D

## Seven Follow-up Meetings

### Participant Evaluations of Training

### Second Meeting

Drug Prevention Training Program for Support Services Personnel  
Individual and Group Counseling Demonstration Sessions

### EVALUATION

Los Angeles County Office of Education, Downey

Date of Participation (*check one*):

☐ May 29 ☒ June 4 ☐ June 12 ☐ July 10 ☐ September 18 ☐ September 25 ☐ September 30

Job Classification (*check one*):

☐ Counselor (18) ☐ Nurse (1) ☐ Psychologist (6) ☒ Other (8) \_\_\_\_\_

Please indicate degree to which the training goals were met.

Training program has provided:

	High 4	3	2	Low 1	NIA
a. a greater understanding of group counseling as an intervention/prevention method.	13	11	2		
b. techniques and procedures that will enable me to conduct support groups.	11	14	1		
c. techniques that will enable me to counsel students, parents, and staff more effectively.	8	15	3		
d. increased confidence to provide intervention and prevention counseling services.	9	15	2		

Comments: (AVAILABLE UPON REQUEST)

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# Appendix D Seven Follow-up Meetings Participant Evaluations of Training Third Meeting

Drug Prevention Training Program for Support Services Personnel  
Individual and Group Counseling Demonstration Sessions

## EVALUATION

California School of Professional Psychologists, Alhambra

Date of Participation (*check one*):

☐ May 29   ☐ June 4   ☒ June 12   ☐ July 10   ☐ September 18   ☐ September 25   ☐ September 30

Job Classification (*check one*):

☐ Counselor (26)   ☐ Nurse (6)   ☐ Psychologist (7)   ☒ Other \_\_\_\_\_ (6)

Please indicate degree to which the training goals were met.

Training program has provided:

	High 4	3	2	Low 1	N/A
a. a greater understanding of group counseling as an intervention/prevention method.	11	9	1		
b. techniques and procedures that will enable me to conduct support groups.	12	9			
c. techniques that will enable me to counsel students, parents, and staff more effectively.	15	6			
d. increased confidence to provide intervention and prevention counseling services.	15	6			

Comments: \_\_\_\_\_ (AVAILABLE UPON REQUEST)

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# **Appendix D** **Seven Follow-up Meetings** **Participant Evaluations of Training** **Fourth Meeting**

Drug Prevention Training Program for Support Services Personnel  
Individual and Group Counseling Demonstration Sessions

## **EVALUATION**

Loyola Marymount University, Los Angeles

Date of Participation (*check one*):

☐ May 29   ☐ June 4   ☐ June 12   ☒ July 10   ☐ September 18   ☐ September 25   ☐ September 30

Job Classification (*check one*):

☐ Counselor (10)   ☐ Nurse (3)   ☐ Psychologist (6)   ☒ Other (5) \_\_\_\_\_

Please indicate degree to which the training goals were met.

	High 4	3	2	Low 1	N/A
Training program has provided:					
a. a greater understanding of group counseling as an intervention/prevention method.	9	6	3		
b. techniques and procedures that will enable me to conduct support groups.	7	9	1	1	
c. techniques that will enable me to counsel students, parents, and staff more effectively.	6	10	1	1	
d. increased confidence to provide intervention and prevention counseling services.	9	8		1	

Comments: (AVAILABLE UPON REQUEST)

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# **Appendix D** **Seven Follow-up Meetings** **Participant Evaluations of Training** **Fifth Meeting**

Drug Prevention Training Program for Support Services Personnel  
Individual and Group Counseling Demonstration Sessions

## **EVALUATION**

California State University, Los Angeles

Date of Participation (*check one*):

☐ May 29   ☐ June 4   ☐ June 12   ☐ July 10   ☒ September 18   ☐ September 25   ☐ September 30

Job Classification (*check one*):

☐ Counselor (6)   ☐ Nurse (5)   ☐ Psychologist (1)   ☐ Other (7) \_\_\_\_\_

Please indicate degree to which the training goals were met.

Training program has provided:

	<i>High</i> 4	3	2	<i>Low</i> 1	N/A
a. a greater understanding of group counseling as an intervention/prevention method.	10	8	1		
b. techniques and procedures that will enable me to conduct support groups.	11	6	1		
c. techniques that will enable me to counsel students, parents, and staff more effectively.	12	7			
d. increased confidence to provide intervention and prevention counseling services.	15	3	1		

Comments: (AVAILABLE UPON REQUEST)

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# **Appendix D** **Seven Follow-up Meetings** **Participant Evaluations of Training** **Sixth Meeting**

Drug Prevention Training Program for Support Services Personnel  
 Individual and Group Counseling Demonstration Sessions

## **EVALUATION**

Los Angeles County Office of Education, Downey

Date of Participation (*check one*):

☐ May 29   ☐ June 4   ☐ June 12   ☐ July 10   ☐ September 18   ☒ September 25   ☐ September 30

Job Classification (*check one*):

☐ Counselor   ☐ Nurse   ☐ Psychologist   ☐ Other \_\_\_\_\_  
                   (12)           (4)           (9)           (3)

Please indicate degree to which the training goals were met.

Training program has provided:

	High 4	3	2	Low 1	N/A
a. a greater understanding of group counseling as an intervention/prevention method.	16	8	4		
b. techniques and procedures that will enable me to conduct support groups.	16	8	3		1
c. techniques that will enable me to counsel students, parents, and staff more effectively.	14	11	2		
d. increased confidence to provide intervention and prevention counseling services.	13	12	1		

Comments: (AVAILABLE UPON REQUEST)

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# Appendix D Seven Follow-up Meetings Participant Evaluations of Training Seventh Meeting

Drug Prevention Training Program for Support Services Personnel  
Individual and Group Counseling Demonstration Sessions

## EVALUATION

St. Joseph's Medical Center, Burbank

Date of Participation (*check one*):

☐ May 29 ☐ June 4 ☐ June 12 ☐ July 10 ☐ September 18 ☐ September 25 ☒ September 30

Job Classification (*check one*):

☐ Counselor (7) ☐ Nurse (4) ☐ Psychologist (3) ☐ Other (4) \_\_\_\_\_

Please indicate degree to which the training goals were met.

Training program has provided:

	High 4	3	2	Low 1	N/A
a. a greater understanding of group counseling as an intervention/prevention method.	17	1			
b. techniques and procedures that will enable me to conduct support groups.	15	3			
c. techniques that will enable me to counsel students, parents, and staff more effectively.	15	1	2		
d. increased confidence to provide intervention and prevention counseling services.	15	2		1	

Comments: (AVAILABLE UPON REQUEST)

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## Appendix E

### Networking Plans Handout

*Drug Prevention Training Program for Support Services Personnel*

*Loyola Marymount University, Los Angeles*  
*Friday, March 6, 1992*

#### NETWORKING PLANS

A directory of conference attendees interested in sharing information, resources, strategies, and techniques related to drug prevention and intervention programs, will be prepared and distributed to interested participants.

Those listed in the directory may wish to continue meeting in dyads or small groups to share on-going concerns, develop solutions, and grow together in confidence and expertise. It is our feeling that by engaging in such networking activities you will develop even greater confidence in your drug counseling skills.

If you are interested in participating in such networking activities and wish to be listed in the directory, please complete and return this form today.

Name \_\_\_\_\_ Title \_\_\_\_\_  
School \_\_\_\_\_ Phone # (\_\_\_\_\_) \_\_\_\_\_  
Address \_\_\_\_\_  
Area of expertise \_\_\_\_\_

Appendix F  
Sample Page  
The Networking Directory  
Title Page

*Los Angeles County Office of Education  
Division of Educational Support Services*

*Drug Prevention Training Program  
for Counselors and  
Support Services Personnel*

***Networking Directory***

*May 1992*

**Appendix F  
Sample Page  
The Networking Directory  
Memo**



**Los Angeles County Office of Education**

Stuart E. Gothold  
Superintendent

June 1, 1992

Los Angeles County  
Board of Education

Frank J. Alderete  
President

Barbara G. Pieper  
Vice President

Anne Nutter Bessette

Lewis P. Bohler, Jr.

Marie Elena Gaitán

Marcia F. Volpert

Michaelene D. Wagner

**TO:** Support Services Personnel Involved in Drug  
Prevention Training Programs

**FROM:** Alice Healy-Sesno, consultant-in-charge  
Evaluation, Research, and Pupil Support Services  
Division of Educational Support Services

**SUBJECT:** NETWORKING DIRECTORY

The U.S. Department of Education's Drug-Free Schools and Communities Grant provided the resources for the Los Angeles County Office of Education's Drug Prevention Training Program for Counselors and Support Services Personnel. These training experiences were held at locations geographically friendly to the 82 K-12 school districts within Los Angeles County.

In addition to the primary objectives of presenting training experiences, and distributing relevant support material, a further objective of the grant was the establishment of regional support networks that could serve as resources and provide other cooperative benefits for support personnel. This directory was developed to address that objective.

At the initial training sessions, participants were given the opportunity to be listed in the resource/networking directory. It is suggested that the directory be used as a guide to obtain and share information about support services programs. It may also serve as a resource to locate speakers, set up regional meetings, and facilitate on-site visitations.

The Networking Directory contains a "Hotlines/Info/Referrals" list as an example of how information may be shared among networking participants. Telephone numbers change frequently and should be checked before using as a referral.

For further assistance or questions regarding the networking program, please call Mr. Bill Aston, project coordinator, at (310) 922-6393.

des  
Enclosures

9300 Imperial Highway, Downey, California 90242-2890 (310) 922-6111

# Appendix F Sample Page The Networking Directory Hotline/Info/Referrals List

## HOTLINES/INFO/REFERRALS SELF-HELP SUPPORT GROUPS

Note: Because leadership changes often in self-help groups, the listed telephone number may change. Hotline/information/referral numbers are for reaching those that can provide crisis counseling, refer callers to local agencies, provide information and/or printed materials.

HOTLINES/INFORMATION/REFERRALS	
AIDS Hotline.....	(800) 922-2437
Al-Anon.....	(800) 356-9996
AA Info. (Espanol).....	(213) 384-2449
Battered Women.....	(800) 548-2722
Be Sober Hotline.....	(800) 237-6237
Cancer Information Service.....	(800) 422-6237
Child Find of America, Inc.....	(800) 426-5678
Childhelp U.S.A.....	(800) 422-4453
Cocaine Hotline.....	(800) COCAINE (262-2463)
Homerun (Youth Crisis Hotline).....	(800) HIT-HOME (448-4663)
National AIDS Hotline.....	(800) 342-2437
National Ctr. for Missing & Exploited Children.....	(800) 843-5678
National Daycare Referral.....	(800) 554-5437
National Runaway Switchboard.....	(800) 621-4000
Parents Anonymous.....	(213) 388-6685
Runaway Hotline.....	(800) 231-6946
Sexual Assault Hotline.....	(213) 979-6333
Teen Line.....	(800) TLC-TEEN (852-8336)
We Tip.....	(800) 472-7766

SELF-HELP/SUPPORT GROUPS	
Adult Children of Alcoholics.....	(310) 534-1815
Alcoholics Anonymous (AA).....	(310) 474-7339
Alzheimer's Disease Association.....	(213) 938-3370
Battered Womens Support Groups.....	(310) 578-1442
Blind Support Groups.....	(310) 945-8771
Cocaine Anonymous.....	(310) 839-1141
Concerned Parents Program.....	(213) 261-9779
Domestic Violence Support.....	(310) 547-9343
Emotional Health Anonymous.....	(818) 240-3215
Epilepsy Society.....	(213) 382-7337
Families Anonymous.....	(800) 736-9805
Gamblers Anonymous.....	(213) 260-4657
Gay & Lesbian Community Center.....	(213) 464-7400
Hearing Impaired Self-Help.....	(818) 967-3761
Incest Survivors Anonymous.....	(310) 428-5599
Nar-Anon.....	(310) 547-5800
National Association of Anorexia Nervosa.....	(708) 831-3438
(9:00 a.m. - 5:00 p.m. Eastern)	
National Council on Alcoholism.....	(818) 331-5316
Overeater's Anonymous.....	(818) 881-4776
Parents Anonymous of CA.....	(310) 649-5212
Project S.I.S.T.E.R.....	(714) 623-1619
SE Council Alch/Drug Problems.....	(310) 695-5959
Travelers Aid Society.....	(213) 463-8336
Veterans Affairs.....	(213) 894-3350
Victims of Domestic Violence.....	(805) 945-6736
Women's AIDS Project.....	(213) 650-1508
YWCA-Greater Pomona Valley.....	(714) 622-1269

COMMUNITY AGENCIES	
IN-PATIENT	
Centinela Hospital.....	(310) 673-4660 x8550
St. Joseph's Medical Center (Renew Life).....	(818) 840-7923
Life Plus.....	(818) 769-1000

FAMILY ASSISTANCE/PARENT SUPPORT	
Families Anonymous.....	(213) 892-2459
Didi Hirsch.....	(310) 390-6612
Because I Love You.....	(310) 659-5289
Boys/Girls Club.....	(310) 391-6301
Southern California Counseling Center.....	(213) 937-1344

CALIFORNIA COUNCILS ON ALCOHOLISM AND DRUG DEPENDENCE	
Lancaster.....	(805) 948-5046
Long Beach.....	(310) 435-1002
Los Angeles (Central).....	(213) 384-0403
Los Angeles (Southeast).....	(310) 869-6385
Palmdale.....	(310) 923-4545
Pasadena.....	(805) 274-1062
Pomona (East San Gabriel Valley).....	(818) 795-9127
San Fernando Valley.....	(818) 331-5316
South Bay.....	(818) 997-0414
South Bay.....	(310) 328-1460

des  
05/15/92

# Appendix F Sample Page The Networking Directory First Page of First Network

Drug Prevention Training Program for Support Services Personnel  
Loyola Marymount University  
March 6, 1992

## NETWORKING DIRECTORY

Eileen Bryant Archibald, community outreach supervisor  
Saint Joseph's Medical Center  
501 S. Buena Vista  
Burbank, CA 91505  
(818) 840-7923  
*Certified Alcohol & Drug Counselor,  
Family Therapist, Crisis Intervention*

Barbara Baxter, counselor  
R.K. Lloyd Continuation High School  
Centinela Valley Union High School District  
14901 Inglewood Avenue  
Lawndale, CA 90260  
(310) 970-7766

Martha Berry, counselor  
Hull Middle School  
Torrance Unified School District  
2080 W. 231st Street  
Torrance, CA 90501  
(310) 328-5851  
*Alcohol Counseling*

Ronald Boutelle, psychologist  
Inglewood Unified School District  
401 S. Inglewood Avenue  
Inglewood, CA 90301  
(310) 419-2770

Diane Burrell, nurse  
24th Street School  
Los Angeles Unified School District  
2055 W. 24th Street  
Los Angeles, CA 90018  
(213) 735-3946 or (213) 735-0278  
*Health Promotion & Maintenance*

Ginny Butler, health consultant  
El Segundo Unified School District  
641 Sheldon Street  
El Segundo, CA 90245  
(213) 322-4500 ext. 233

Joan Calder, nurse  
Los Angeles Unified School District  
366 Flint  
Long Beach, CA 90814  
(310) 498-2967

Marion L. Calhoun, college counselor  
Centennial High School  
Compton Unified School District  
2606 N. Central Avenue  
Compton, CA 90222  
(310) 898-6126

Betty Castillo, health aide  
Hawthorne Intermediate School  
Hawthorne School District  
4366 W. 129th Street  
Hawthorne, CA 90250  
(310) 676-0167

Diana Chiang, counselor  
San Gabriel High School  
Alhambra City & High School Districts  
801 Ramona Street  
San Gabriel, CA 91776  
(818) 308-2333

Adela de la Torre, psychologist  
Bell Gardens High School  
Montebello Unified School District  
6119 Agra Street  
Bell Gardens, CA 90201  
(213) 726-1225 ext. 2291  
*Family Dynamics*

Barbara E. Dumas, teacher  
Compton Unified School District  
417 W. Alondra Boulevard  
Compton, CA 90220  
(213) 732-1984  
*Home & Hospital Teaching K-12 grades*

Judy Garber, counselor  
Hawthorne Intermediate School  
Hawthorne School District  
4366 W. 129th Street  
Hawthorne, CA 90266  
(310) 676-0167

Sharlyn Goss, elementary counselor  
Newhall Elementary School  
Newhall School District  
24607 Walnut Street  
Newhall, CA 91321  
(805) 259-8480  
*Intervention Specialist*

# Appendix F Sample Page The Networking Directory First Page of Second Network

Drug Prevention Training Program for Support Services Personnel  
Palmdale Cultural Center  
March 20, 1992

## NETWORKING DIRECTORY

Norma Abele, peer helper coordinator  
Quartz Hill High School  
Antelope Valley Union High School District  
6040 W. Avenue L  
Quartz Hill, CA 93536  
(805) 943-3271 ext. 277  
*Peer Help/Crisis Intervention*

Maxine Dilliard, psychologist  
Victor Elementary School District  
15579 8th Street  
Victorville, CA 92392  
(619) 245-6525  
*Elementary Students*

Theresa Divinski, guidance advisor  
Washington Elementary School  
Burbank Unified School District  
2322 N. Lincoln Street  
Burbank, CA 91504  
(818) 846-2315  
*Elementary Guidance Programs*

Jan L. Espinoza, career center advisor  
Desert Winds Continuation High School  
Antelope Valley Union High School District  
45030 3rd Street, East  
Lancaster, CA 93534  
(805) 945-3590 or 948-7555

Catherine M. Faraone, nurse  
Mark Keppel High School  
Alhambra City and High School Districts  
501 E. Hellman Avenue  
Alhambra, CA 91801  
(818) 572-2242

James Fox, psychologist  
Victor Elementary School District  
15579 8th Street  
Victorville, CA 92392  
(619) 245-6525

Linda Gardner, counselor  
Buena Vista School  
Palmdale School District  
37501 E. 51st Street  
Palmdale, CA 93550  
(805) 947-7158

Mary Griffin, counselor  
Wadsworth Avenue Elementary School  
Los Angeles Unified School District  
981 E. 41st Street  
Los Angeles, CA 90011  
(213) 232-5234  
*Elementary Counseling*

Karen Harrell, DATE coordinator  
Palmdale High School  
Antelope Valley Union High School District  
2137 E. Avenue R  
Palmdale, CA 93550  
(805) 273-3181

Yolanda Higuera, bilingual aide  
Piute Junior High School  
Lancaster School District  
425 Avenue H-11  
Lancaster, CA 93535  
(805) 942-9508

Susan Kahner, counselor  
Joe Walker Middle School  
Westside Union School District  
5632 West Avenue, L-8  
Lancaster, CA 93536  
(805) 943-3258

John L. Levell, director  
Pupil Personnel Services  
Victor Elementary School District  
15579 8th Street  
Victorville, CA 92392  
(619) 245-6525

James T. Lott, director  
Support Services  
Keppel Union School District  
34004 128th Street, East  
Pearblossom, CA 93553  
(805) 944-2155

Barbara Luttrell, peer helper coordinator  
Antelope Valley High School  
Antelope Valley Union High School District  
44900 N. Division Street  
Lancaster, CA 93534  
(805) 948-8552 ext. 277

# Appendix F Sample Page The Networking Directory First Page of Third Network

Drug Prevention Training Program for Support Services Personnel  
Mount San Antonio College  
April 3, 1992

## NETWORKING DIRECTORY

Darlene Adonis, nurse  
Pomona High School  
Pomona Unified School District  
475 Bangor Street  
Pomona, CA 91767  
(714) 397-4506  
*Health Education*

Betsy D. Albright, nurse  
Santa Monica-Malibu Unified School District  
1651 16th Street  
Santa Monica, CA 90404  
(310) 450-8338 ext. 218  
*Student Advocacy/Medical*

Barbara Beach-Courchesne, consultant  
Division of Educational Support Services  
Los Angeles County Office of Education  
9300 Imperial Highway, Room 210  
Downey, CA 90424  
(310) 922-6394  
*Pupil Personnel Services/Special Education*

Anne Beveridge, coordinator-student resources  
Walnut Valley Unified School District  
880 S. Lemon Avenue  
Walnut, CA 91789  
(714) 595 1261  
*Child Welfare & Attendance*

Donna L. Brady, counselor  
Edgewood Middle School  
Bassett Unified School District  
14135 Fairgrove Avenue  
La Puente, CA 91746  
(818) 813-1880  
*Peer Counseling/Peer Tutoring*

Timothy Bruce, psychologist  
Hacienda-La Puente Unified School District  
15959 E. Gale Avenue  
City of Industry, CA 91716  
(818) 333-2201  
*Alcohol/Drugs*

Petra Cacho, counselor  
Torch Middle School  
Bassett Unified School District  
751 N. Vineland Avenue  
La Puente, CA 91746  
(818) 855-1640  
*Support Groups*

Carol Christman, teacher  
Cerritos High School  
ABC Unified School District  
12500 E. 183rd Street  
Cerritos, CA 90701  
(310) 926-5566 ext. 6238  
*Peer Counselor Advisor, Home Economics*

Debi Ciuchta, counselor  
Rowland High School  
Rowland Unified School District  
2000 S. Otterbein  
Rowland Heights, CA 91748  
(818) 965-3448

Audrey Coleman, guidance/learning specialist  
Vejar Elementary School  
Walnut Valley Unified School District  
20222 E. Vejar  
Walnut, CA 91789  
(714) 595-1434

Miriam V. Cosme, audiometrist  
Azusa Unified School District  
546 S. Citrus Avenue  
Azusa, CA 91702  
(818) 967-6211  
*Health*

Patricia Ann Coyne, transition counselor  
Montebello Unified School District  
123 S. Montebello Boulevard  
Montebello, CA 90640  
(310) 726-1225 ext. 2271

Victoria P. Cuevas, counselor  
Pioneer High School  
Whittier Union High School District  
10800 E. Benavon Street  
Whittier, CA 90606  
(310) 698-8121 ext. 8344

Racquel de Leon, nurse  
Little Lake City School District  
10515 Pioneer Boulevard  
Santa Fe Springs, CA 90670  
(310) 868-8241  
*School Nursing, Public Health Nursing*

# Appendix F Sample Page The Networking Directory First Page of Fourth Network

Drug Prevention Training Program for Support Services Personnel  
Gene Autry Museum  
April 7, 1992

## NETWORKING DIRECTORY

Laura Abbene, psychologist  
O'Melveny Elementary School  
Los Angeles Unified School District  
728 Woodworth Street  
San Fernando, CA 91340  
(818) 365-5621

Marisela Adams, counselor  
Keppel High School  
Alhambra City and High School Districts  
501 E. Hellman Avenue  
Alhambra, CA 91801  
(818) 572-2242

Rosalinda Alvarado-Gomez, nurse  
Hacienda-La Puente Unified School District  
15959 E. Gale Avenue  
City of Industry, CA 91716-0002  
(818) 333-2201  
*Pediatrics*

Ruth-Ellen Amen, psychologist  
Covina High School  
Covina-Valley Unified School District  
463 S. Hollenbeck Avenue  
Covina, CA 91723  
(818) 331-3371

Ann Amrhein, counselor  
Toll Junior High School  
Glendale Unified School District  
700 Glenwood Road  
Glendale, CA 91202  
(818) 244-8145  
*At-Risk; Dealing with Loss (Death, Divorce, etc.);  
General Counseling*

Diane Berg, psychologist  
74th Street Elementary School  
Los Angeles Unified School District  
2112 W. 74th Street  
Los Angeles, CA 90047  
(213) 753-2338

Kim Boyer, psychiatric social worker  
Stanford Avenue Elementary School  
Los Angeles Unified School District  
2833 Illinois Avenue  
South Gate, CA 90280  
(213) 565-1117  
*Early Intervention (Elementary Ages)*

Irene Busby, outreach consultant  
Martin Luther King, Jr. Elementary School  
Los Angeles Unified School District  
3839 S. Hobart Blvd.  
Los Angeles, CA 90062  
(213) 294-0031 or 291-4328

Beverly Cannon, psychologist  
Belmont High School  
Los Angeles Unified School District  
1575 W. Second Street  
Los Angeles, CA 90026  
(213) 250-0244  
*Psychology; Counseling*

Gary Carlen, counselor  
Beverly Hills High School  
Beverly Hills Unified School District  
241 Moreno Drive  
Beverly Hills, CA 90212  
(310) 201-0661

Tricia Chicagos  
Communicable Disease Control Coordinator  
District Nursing Services  
Los Angeles Unified School District  
6520 Newcastle Avenue, #19  
Reseda, CA 91335  
(818) 997-2625  
*Nursing Administration; Nursing Education*

Barbara Cinke, guidance counselor  
Keppel High School  
Alhambra City and High School Districts  
501 E. Hellman Avenue  
Alhambra, CA 91801  
(818) 572-2312  
*Counseling and Guidance*

## Appendix G Script Outline

### Drug Prevention Training for Counselors and Support Services Personnel

*Los Angeles County Office of Education (LACOE)  
Educational Telecommunications Network (ETN)*

#### Script Outline

The following script outline for a drug prevention training program for counselors and support personnel evolved from a series of training sessions conducted by the Los Angeles County Office of Education under a grant from the U.S. Department of Education's Drug-Free Schools and Communities Program.

The program has been developed to serve counselors, nurses, psychologists, and social workers who are providing support services in public schools in Los Angeles County, many of whom have had little or no specific drug counseling training.

The program\* is planned for a one-half hour presentation that includes twenty minutes for review of the major issues of drug use and a ten minute question and answer period that would be extended at the close of the program.

- I. Role of support personnel
  - A. Responsibilities
  - B. Limitations
  - C. Legal issues and confidentiality
- II. Overview of drug use
  - A. Current drugs in use
    - 1. Description of drugs and paraphernalia
    - 2. Drug pharmacology
  - B. Signs and symptoms of drug use
  - C. Four stages of drug use
- III. Counseling techniques and strategies to serve students, parents, and teachers
  - A. Techniques for recognizing enabling as a system that supports drug use
  - B. Techniques for penetrating the denial system of the dependent and co-dependent
  - C. Techniques for conducting support groups for students affected by chemical dependence
- IV. School and community resources
  - A. Student assistance programs
    - 1. Descriptions
      - a. Drug Abuse Resistance Education (DARE)
      - b. Substance Abuse and Narcotics Education (SANE)
      - c. IMPACT - Secondary program equivalent to DARE
    - 2. Where to get help in setting up a support program
  - B. Community referral resources
    - 1. 12-Step programs—description
    - 2. Review variety of community resources

\*Visuals will be used when appropriate on ETN. Support materials will be sent previous to telecast receiving sites for distribution to viewers and discussion.

## Appendix G Script Outline (continued)

Drug Prevention Training for Communities  
and Support Services Personnel

Page 2

### V. Questions and answers

- A. Viewers given opportunity to call in with specific questions
  - 1. Talent has been identified for the presentation
  - 2. The LACOE ETN\*\* has the capability of providing telephone linkage with the majority of school districts in Los Angeles County
- B. Phone lines to remain open at close of program

### VI. Program reruns

- A. Program to be repeated at various times and dates to reach as wide an audience as possible
- B. Questions may be used as basis for follow-up programs.
- C. Video tapes could be made available upon request

\*\*Discussions have been underway with ETN to determine costs. Hopefully private funding could be identified to cover costs which are beyond present budget.

cmc  
WA:AHS

# Appendix H

## First Page of Student Survey



# SANE

Substance Abuse Narcotics Education  
Los Angeles County Sheriff's Department  
and  
Los Angeles County Office of Education



### STUDENT SURVEY

This survey asks for your opinion about a number of different things. We need your help to make this a good study. It is important that you think about each question and answer it truthfully.

The only people who will see these answers are professional researchers. No information of any kind about individual students will ever be given to anyone by the researchers. This means that your answers will never be shown to your teachers or your parents, the police, or anyone else.

DISTRICT		
0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

SCHOOL		
0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

TEACHER		
0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

SEX

☐ MALE

☐ FEMALE

I FIRST ATTENDED THIS SCHOOL IN GRADE:

0 1 2 3 4 5 6 7 8

ETHNIC BACKGROUND

☐ American Indian

☐ Asian

☐ Pacific Islander

☐ Filipino

☐ Hispanic

☐ Black-Not of Hispanic Origin

☐ White-Not of Hispanic Origin

☐ Other

I AM IN GRADE:

0 1 2 3 4 5 6 7 8 9 10

I STUDIED ABOUT DRUGS LAST YEAR

☐ YES ☐ NO

SPECIAL CODES

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O
1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2	2	2	2	2	2

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PLEASE DO NOT MARK IN THIS AREA

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